PIH29 DEVELOPMENT OF A DECISION AID PROTOTYPE FOR PARENTS CONSIDERING TUBE FEEDING FOR THEIR CHILDREN



Rivero C¹, Rodríguez A², Moreno A³, Vives I⁴, Layola M⁵, Gabás-Rivera C⁶, Aceituno S⁶

- 1. Hospital Universitario Virgen Macarena, Sevilla, Spain; 2. Hospital Universitario Virgen del Rocío, Sevilla, Spain; 3. Hospital Universitario A Coruña, A Coruña, Spain;
- 4. Hospital Clínico Universitario Virgen de la Arrixaca, Murcia, Spain; 5. Nestlé Health Science, Barcelona, Spain; 6. Outcomes'10, Castellón, Spain

Introduction

Parents want to be more involved in medical decision-making for their children¹. However, the way information is provided in clinical practice might not facilitate shared decision-making (SDM) with physicians^{2,3,4}. Decision aids are decision-focused patient information materials that can improve knowledge, reduce decisional conflict, improve risk perception, and increase patient participation in the decision-making process⁵.

Objective

To develop a Patient Decision Aid (PDA) prototype to promote SDM between physicians and parents considering enteral tube feeding options for their children.

Methods

The PDA prototype was developed in accordance with the International Patient Decision Aids Standards (IPDAS) guidelines (Figure 1).

Figure 1: Steps for the development of the PDA prototype

Needs and Steering **Design of the PDA** preferences committee prototype assessment 4 pediatric 3 literature reviews about Web-based gastroenterologists tube-feeding: Paper based 2 parents - PDA in pediatrics - Safety and efficacy - Families preferences Focus groups with pediatric gastroenterologists (n=7) and parents (n=6)

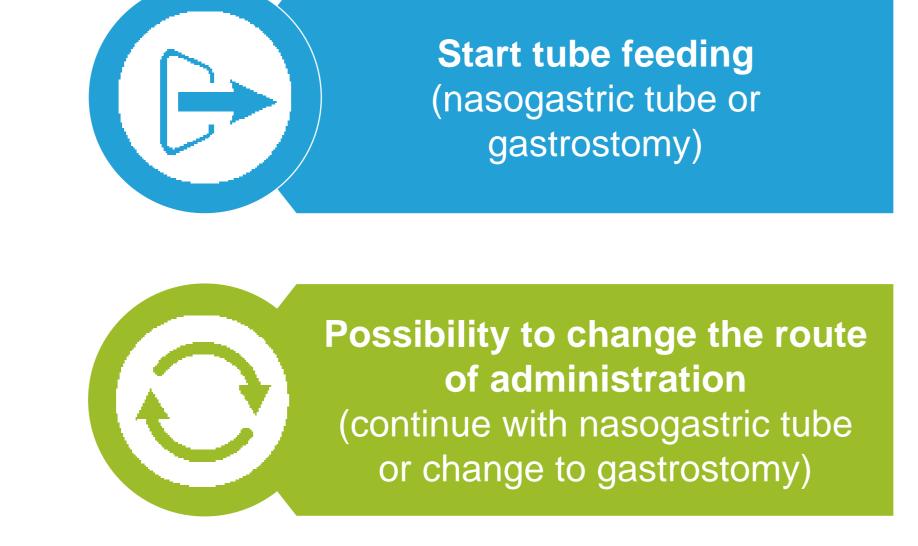
Results

The PDA content was based on the results of both the literature review and the focus groups with experts and parents. The PDA prototype (Figure 2) addresses two feeding options (Figure 3).

Figure 2: PDA prototype



Figure 3: Options included in the PDA



The prototype addresses the main parts of a PDA, and reflects parents' needs (Figure 4).

Figure 4: Parts of PDA

Information

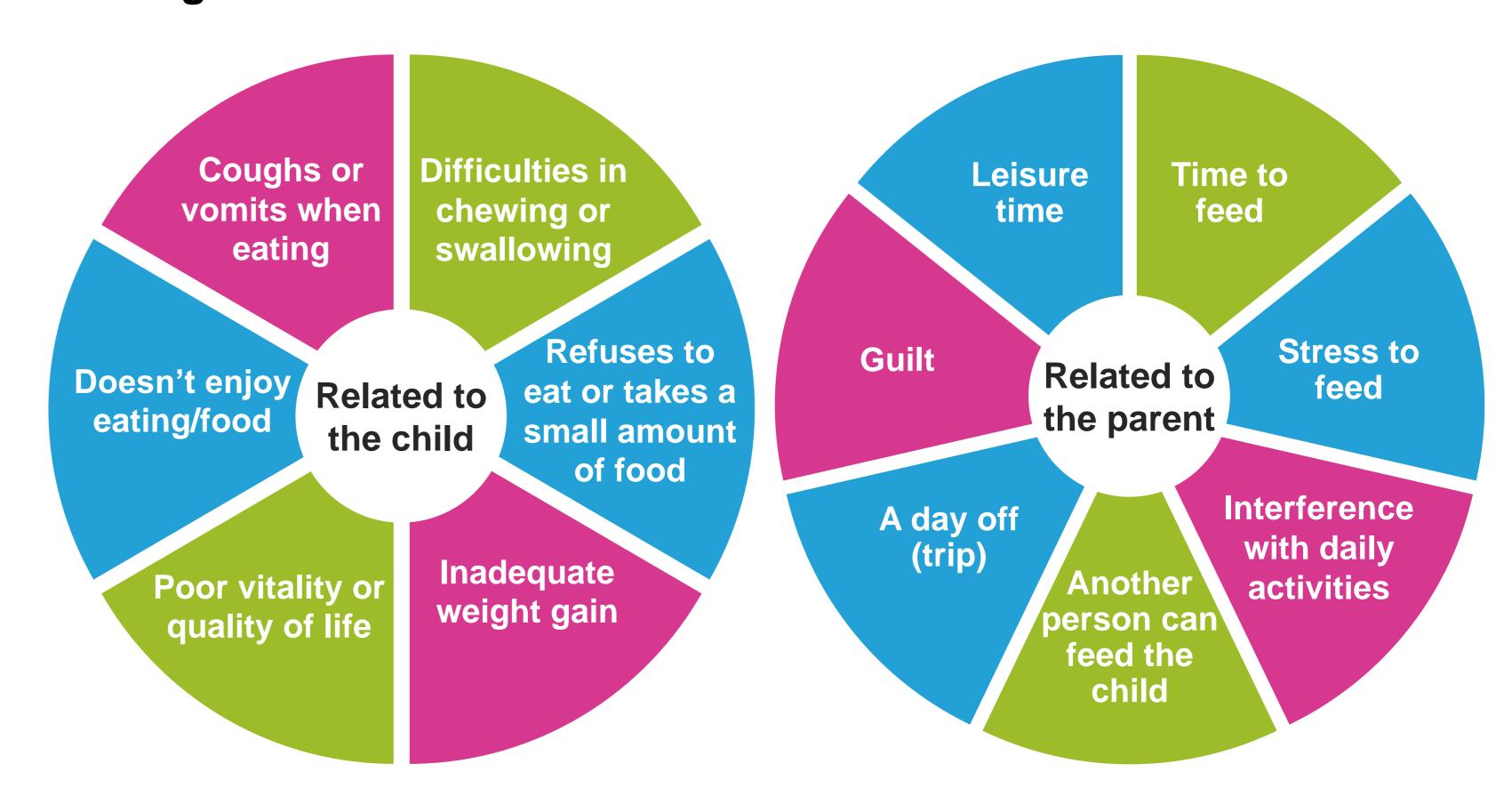
Preferences

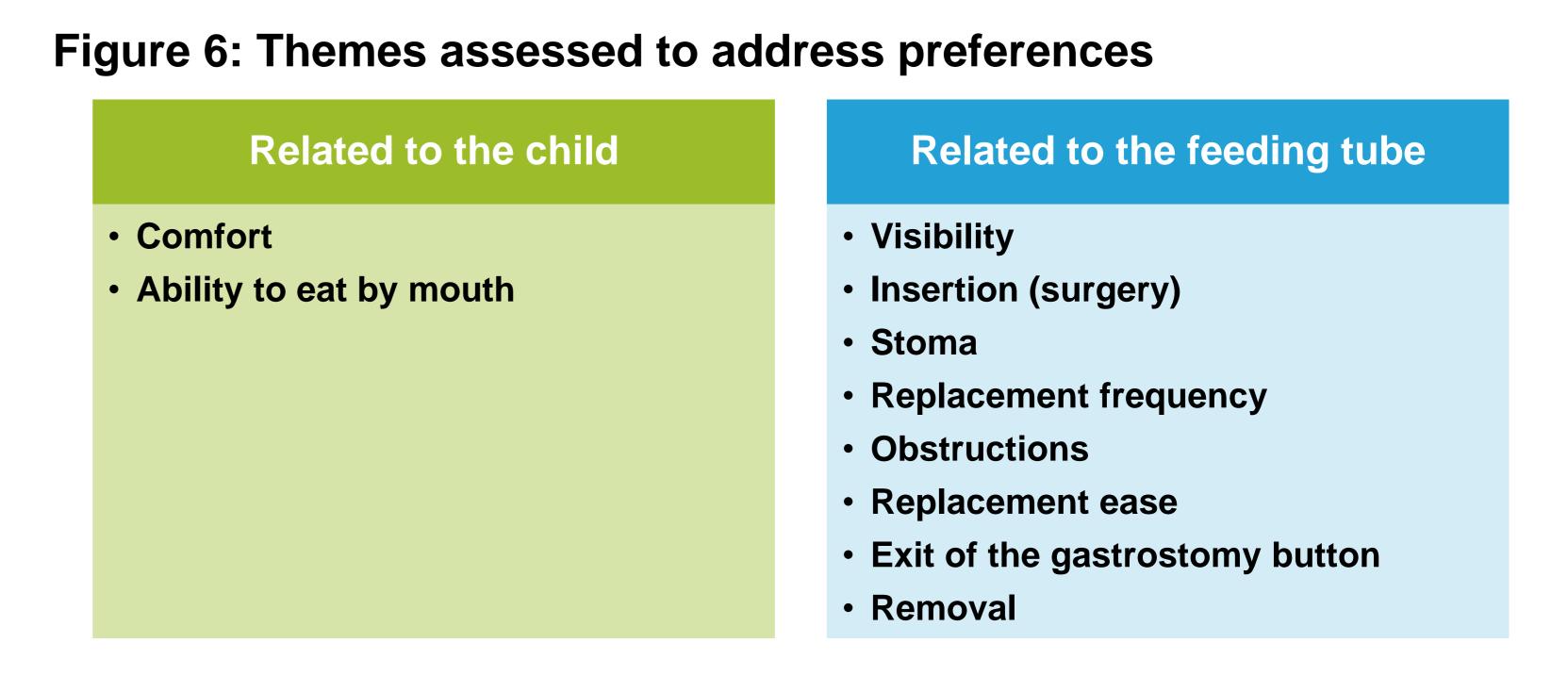
Summary

- General information on enteral feeding
- An exercise to detect problems in current feeding (Figure 5)
- Comparison of feeding options
- Frequently asked questions
- Parents' experiences
- Rating system (10-point scale) for values clarification: statements to address the concerns and importance attributed to certain nasogastric and gastrostomy feeding
- Summary of the stated preferences and the problems detected in current feeding to facilitate reflection with the physician

Figure 5: Aspects evaluated to detect possible problems in current feeding

issues (Figure 6)





Conclusions

We developed a PDA prototype about feeding options following the systematic process proposed by IPDAS. The prototype will undergo two additional phases to check its acceptability (alpha-testing: pilot-testing with users) and effectiveness (beta-testing: field tests in 'real life' conditions). The final PDA will be ready for its use in clinical practice to promote SDM consistent with personal values.







5. Sajeev M et al. J Parenter Enter Nutr. 2017;41(8):1336-47.